

TRANSITION RESOURCES

SEPTEMBER 2022

Individuals with Disabilities Education Act

 The school district is required to provided services up until the age of 22

INDIVIDUALIZED TRANSITION PLAN

- IEP → ITP
- Outcome goals must begin by the age of 13
- Must be developed before their 16th birthday
- Meant for every single student with an IEP
- Students should be invited to an ITP
- Parent may opt out for student to not participate
- Student may participate for a portion of the meeting

PROMOTE TRANSITION SERVICES

- Research shows when outcome measures were proposed and targeted, then there were successful results
- Result-oriented
- Academic & function based
- Reading/writing not enough, should involve teach daily living skills
- Facilitates from school to post-academic life

TYPE OF TRANSITION SERVICES

- Instruction related services
- Community experiences
- Development of employment
- Post school adult living objectives
- Acquisition of daily living skills
- Functional vocational evaluation

IN HOME SUPPORT SERVICES

- Family provides a caregiver or a family member to be the caregiver
 - Protected supervision
 - 283 hours per month
 - Support with hygiene, toileting, feeding, ambulation, breathing, etc.
 - Possible to appeal for more hours, 90 days to appeal

REGIONAL CENTER SERVICES

- Supported Living over 18 years old
- Help replace a parent's role
- Develop a life plan closest to a person without disabilities
- Can combine these services with other services such as adult transition program

TAILORED DAY SERVICES

- SDRC funded/private pay
- Employment opportunities
- Post-secondary education
- Socialization and recreation for adults with disabilities
- Independent living skills

SELF-DETERMINATION PROGRAM

- Goal setting program intended to choose a service plan and service providers by the client
 - Can use vendors of SDRC even if you are going through the Self-Determination Program
 - Medi-Cal will provide services up to age 21

DEPARTMENT OF REHABILITATION

- Employment
- Vocational testing
- Transportation assistance
- Counseling
- Diagnostic services

IMPORTANT LINKS

Transition Services

https://www.disabilityrightsca.org/publications/transition-services-for-students

Self Determination

https://www.dds.ca.gov/initiatives/sdp/frequently-asked-questions/

Tailored Day

https://www.arc-sd.com/our-services/tailored-day/

Department of Rehabilitation

https://sandiego.networkofcare.org/mh/services/agency.aspx?pid=RehabilitationDepartmentSt ateofCaliforniaSupportedEmploymentProgramSanDiego 61 2 0